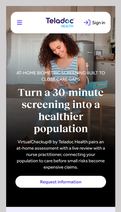
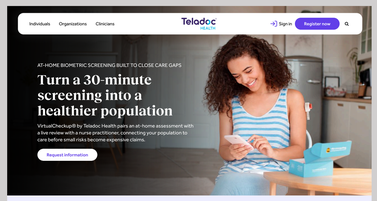
Generic cross USGH





META

1 META TITLE: VirtualCheckup® | At-Home Biometric Screening | Teladoc Health

2 META DESCRIPTION: VirtualCheckup® pairs an at-home biometric screening with a live Nurse Practitioner consult — closing care gaps and delivering measurable ROI for your organization.

Hero

CTA destinations:

1 'Request information'
- Anchor link to the main CTA at bottom of page

Image Alt Text:

1 Woman at her kitchen counter using a phone next to a VirtualCheckup® at-home kit

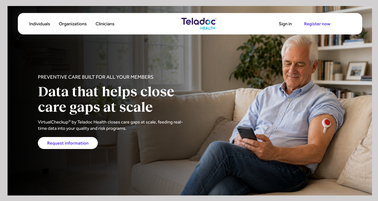
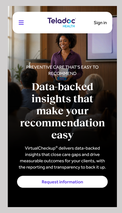


Image Alt Text:

1 Man relaxing on a couch at home, looking at his phone while wearing a medical device on his arm

Health Plans hero



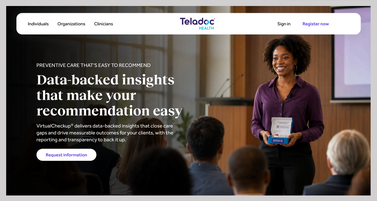
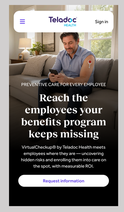


Image Alt Text:

1 Woman presenting to a small group of colleagues in a modern office setting

Benefits consultants hero



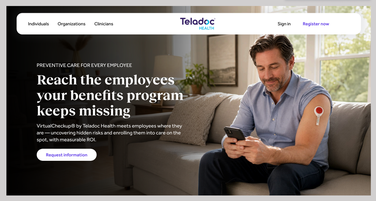


Image Alt Text:

1 Man in a home kitchen looking at his phone while wearing a medical device on his arm

Employers hero

Stats

Trusted data, measurable outcomes

Teladoc Health uses VirtualCheckup® to reach members who've fallen out of routine care, applying population-level data to reveal hidden risks. A nurse practitioner helps members understand their results and identify the right next steps. And it's billed entirely as a preventive care claim, meaning no PMPM, admin or implementation fees.

2.17x
ROI based on an independent analysis of 416,000+ patient records*

~60%
of members clinically qualify for a program*

~30%
of members learn for the first time that they have high blood pressure or pre-diabetes*

46%
of members found to have an unknown cardiometabolic risk*

Features

One biometric screening, four measurable outcomes for your organization

Population-wide reach

- Completed in 30 minutes, either on site or via an at-home kit shipped to employees and available in all 50 states
- A quick, virtually painless blood draw with the Tasso® device, plus blood pressure, BMI, personal and family health history and mental health screenings, all in one visit

Fast implementation with minimal administrative burden

- Live in as little as 90 days, with a dedicated client success manager guiding your team from kickoff to launch
- Members self-schedule their consultation once lab work is complete, and results feed directly into population-level reporting, with no admin lift for your team

Real-time clinical guidance

- A board-certified nurse practitioner reviews results live and builds a personal action plan
- Addresses gaps in care: PCP status, overdue screenings and chronic condition risk

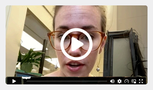
Same-visit enrollment with measurable ROI

- Direct, same-visit enrollment into eligible Teladoc Health programs, with referral into your employer- or plan-sponsored programs
- Results sent to the member's PCP, or help finding one, and billed as preventive care claims with no PMPM, admin or implementation fees

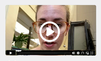
Testimonial

Testimonial source:

1 Testimonial Video URL: https://teladochealthcare.sharepoint.com/:f:/g/personal/moira.ferguson_teladochealth.com/Production/workflows/VirtualCheckup/Testimonials?FolderId=b%3A0d0c1f0a6a0d7f000e4d0e9f3f4e4d1f0fc4233d34e6b7f000e4d0e9f3f4e4d1f0fc423d34e6b



See how VirtualCheckup® is making a difference



"I had a really positive experience with my virtual checkup. The nurse practitioner I met with was super sweet and informative, and she gave me the encouragement I needed to get a woman's health checkup that I've been putting off for too long.

Moira S., Teladoc Health member

FAQs

Still have questions?

- What is VirtualCheckup®?
- How does VirtualCheckup® work?
- Is VirtualCheckup® just a biometric screening?
- What does the assessment measure?
- What happens if a member doesn't have a primary care provider?
- How does VirtualCheckup® connect members to other care programs?
- How is VirtualCheckup® billed?
- Is VirtualCheckup® available onsite, or only at home?
- How long does implementation take?
- Is VirtualCheckup® part of Teladoc Health?
- Is Catapult Health now Teladoc Health?
- What is the member experience like with VirtualCheckup®?

CTA

See what VirtualCheckup® could do for your population

Discover what's possible when we work together

*I would like to:

Select...

Get in touch

The information you provide will be used in accordance with the terms of our privacy policy.

Disclaimer

*Based on independent actuarial analysis of 416,000+ patient records over three years.

†Teladoc Health program data, 2026.

‡Catapult Health member data.

§Catapult Health analysis of patients newly assessed with one or more of hypertension, diabetes, pre-diabetes, and hyperlipidemia, 2020–2023.

Footer

Teladoc HEALTH

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Teladoc Health, Inc.
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New York, NY 10017

Empowering all people everywhere to live their healthiest lives.

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PL#

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Weight Management	Health Plans	Provider Careers	Leadership	FAQs
Diabetes Management	Hospitals & Health Systems		Careers	Legal, Privacy & Compliance
Hypertension Management	Resource Center		Industry Events	Your Privacy Choices
Specialty & Wellness			Newsroom	Language Assistance Services
Primary Care			Investors	Community Guidelines

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Select...

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Teladoc HEALTH

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Teladoc Health, Inc.
1111 East 44th Street, Suite 1100
New York, NY 10017

Empowering all people everywhere to live their healthiest lives.

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PL#

App Store | Google Play

Still have questions?

What is VirtualCheckup®?

VirtualCheckup® from Teladoc Health is a comprehensive preventive health assessment that uncovers hidden risks and connects members to the right care.

- Combines diagnostic testing, mental health screening and health history review
- Available at home or on site for employer groups
- Includes a live clinical consultation, not just a report
- Ends in a personal action plan and, when appropriate, real-time enrollment into care

How does VirtualCheckup® work?

Members complete a clinical-grade assessment, then meet live with a nurse practitioner to turn results into action.

- Assessment covers blood tests, blood pressure, BMI and health history
- Labs are processed through a Teladoc Health accredited lab
- A board-certified nurse practitioner reviews results over live video
- NP builds a personal action plan and can enroll the member into follow-up care in real time

Is VirtualCheckup® just a biometric screening?

No — VirtualCheckup® is built to go beyond identification and drive real follow-through.

- Every assessment includes a live clinician consultation
- Members leave with a personalized action plan, not just a number
- NPs can enroll members into follow-up care during the same visit
- Designed to close the gap between finding a risk and acting on it

What does the assessment measure?

The assessment covers a full range of physical and mental health indicators in a single visit.

- Diagnostic blood values, including A1c and a full cholesterol panel
- Blood pressure and BMI
- Personal and family health history
- Mental health screening, filled prescription review and preventive screening compliance

What happens if a member doesn't have a primary care provider?

The nurse practitioner helps close that gap directly during the consultation.

- NP can refer the member to Teladoc Health's Primary360
- Or connect them to another in-network provider
- VirtualCheckup® results are shared with the new PCP
- Gives the new provider full context from day one

How does VirtualCheckup® connect members to other care programs?

When a risk is identified, the nurse practitioner can act on it immediately.

- NP can enroll members directly into eligible Teladoc Health programs
- Covers conditions like prediabetes, hypertension and mental health concerns
- Can also refer members into employer- or plan-sponsored programs
- All handled during the same consultation, with no extra steps for the member

How is VirtualCheckup® billed?

VirtualCheckup® is billed entirely as a preventive care claim, with no additional program fees.

- No PMPM
- No administration fee
- No implementation fee
- Billed as claims occur, tied to each program milestone

Is VirtualCheckup® available on site or only at home?

Both options are available depending on what works best for your population.

- At-home kits ship directly to members
- On-site screening events are available for employer groups
- Same assessment and consultation experience either way
- Flexible enough to fit different population needs

How long does implementation take?

VirtualCheckup® implementation typically takes 90 days from kickoff to launch.

- A dedicated Client Success Manager is assigned at the start
- Team builds a tailored engagement strategy for your population
- Ongoing support continues after launch
- Population health reporting delivered after each engagement

Is VirtualCheckup® part of Teladoc Health?

Yes — VirtualCheckup® is a Teladoc Health solution.

- Offers comprehensive preventive risk assessment
- Directly connects into the broader Teladoc Health portfolio
- Backed by Teladoc Health's clinical network and infrastructure
- Positioned as the front door into ongoing care, not a standalone tool

Is Catapult Health now Teladoc Health?

Catapult Health was acquired by Teladoc Health in 2021, and VirtualCheckup® is now offered as a Teladoc Health solution.

- The clinical experience and program remain the same
- VirtualCheckup® is backed by the broader Teladoc Health network and infrastructure

What is the member experience like with VirtualCheckup®?

The experience is designed to be simple, personal and low-friction from start to finish.

- Members complete a biometric screening at home or on-site, at a time that works for them
- Once lab work is processed, members are notified and select an appointment with a nurse practitioner
- During a live video consult, the NP walks through results in plain language and builds a personalized action plan
- Members leave with clear next steps — and, when appropriate, real-time enrollment into follow-up care